Sequence for PUTTING ON PPE

First Step: Put on Hairnet

Second Step: Hand Hygiene

Third Step: Put on Gown

a second operator should assist in closing up the back.

Fourth Step: Put on Mask

N95, FFP2 or FFP3 recommended; fitting test should be done after putting on the face

Alternatives if N95, FFP2 or FFP3 not available

Fifth Step: Put on Goggles

One inner pair of gloves covering the skin up to the wrist and second outer pair of gloves go over the gown up to the wrist.

Sixth Step: Put on Gloves

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Sequence for **REMOVING** PPE During COVID19

- **First Step:** Hand Hygiene
- **Second Step:** Remove Gloves
- **Third Step:** Hand Hygiene
- **Fourth Step:** Put on new Gloves to prevent self-contamination
- **Fifth Step:** Remove Gown
  - A second operator should assist in untying the back
- **Sixth Step:** Remove Goggles
  - Avoid touching the front part, which can be contaminated
- **Seventh Step:** Remove Mask
  - Avoid touching the front part, which can be contaminated
- **Eighth Step:** Remove Hairnet
- **Ninth Step:** Remove Gloves
  - To prevent cross-contamination
- **Tenth Step:** Hand Hygiene

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